

CURRICULUM VITAE

ASHOK UPRETI



ADDRESS-VILLAGE-BHATT NAYAL JYULA,
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CAREER OBJECTIVE

To contribute towards the growth of the organization I get associated with to the best of my abilities and work on my personal as well as professional growth simultaneously.

EDUCATIONAL QUALIFICATIONS

- **DOCTOR OF PHILOSOPHY (Ph.D.) in EDUCATION**
Kumaun University, Nainital
S.S.J. Campus Almora
(2024)
- **MASTER IN ARTS (M.A.) DEGREE IN PSYCOLOGY**
First division, Uttarakhand Open University, Haldwani, Nainital
M. B. Govt. P.G. College
Haldwani, Nainital (2022)
- **MASTER IN ARTS (M.A.) DEGREE IN SOCIOLOGY**
First division, Kumaun University, Nainital
R. H. Govt. P.G. College Kashipur
U.S.Nagar (2018)
- **MASTER IN SCIENCE (M.Sc.) DEGREE IN BOTANY**
First division, Uttarakhand Open University, Nainital
M. B. Govt. P.G. College
Haldwani, Nainital (2017)
- **MASTER IN ARTS (M.A.) DEGREE IN EDUCATION**
First division, Kumaun University, Nainital
M. B. Govt. P.G. College
Haldwani, Nainital (2016)
- **MASTER IN EDUCATION (M.Ed.)**
First division, Himanchal Pradesh University, Shimla
Himanchal Pradesh University
Shimla (2012)
- **BACHELOR IN EDUCATION (B.Ed.)**
First Division, Himachal Pradesh University, Shimla
Himanchal Pradesh University
Shimla (2011)

- **MASTER IN SCIENCE (M.Sc.) DEGREE IN CHEMISTRY** S. S. J. Campus Almora
Second Division, Kumaun University, Nainital (2010)
- **BACHELOR IN SCIENCE (B.Sc.) DEGREE IN CHEMISTRY** S. S. J. Campus Almora
Second Division, Kumaun University, Nainital (2007)
- **INTERMEDIATE (12th)** G. I. C. Bhagtola, Almora
Second Division, Uttarakhand Board, Ramnagar (2004)
- **HIGH SCHOOL (10th)** G. I. C. Manan, Almora
Second Division, Uttar Pradesh Board, Prayagraj (2001)

NATIONAL & STATE LEVEL EXAMS

- Qualified **National Eligibility Test (UGC-NET)** two times in Education (**June 2012**) and (**December 2012**).
- Qualified **Uttarakhand State Eligibility Test (U-SET)** in Education (**November 2017**).

TEACHING EXPERIENCE

Assistant Professor (Guest Faculty)

03/10/2023-Current

D. S. B. Campus, Nainital
Kumaun University Nainital, Uttarakhand, India

Responsibilities:

- Guide students to use of technology in Botany and Life Science.
- Guide students to use of technology in Education.
- To guide students how to use the Skills & various Methods in Teaching.
- Participated in field-based initiatives in schools and assisted in the development of departmental programs.
- Participated in services activities both within and outside the college.

Assistant Professor

08/12/2016-03/10/2023

R. H. Govt. P. G. College Kashipur
Kumaun University Nainital, Uttarakhand, India

Responsibilities:

- Guide students to use of technology in Education.
- To guide students how to use the skills in Teaching.

- Guide students to use of various Methods in Teaching
- Participated in field-based initiatives in schools and assisted in the development of departmental programs.
- Participated in services activities both within and outside the college.
- Handled student career counselling and assisted with the interview and acceptance of potential candidates.
- Actively participated in department/college and university groups and collaborated with other faculty members in the accreditation process.

Assistant Professor

01/08/2013-07/12/2016

Inspiration College of Teacher Education Haldwani
Kumaun University Nainital, Uttarakhand, India

Responsibilities:

- Guide students to use of technology in Science & Education.
- To guide students how to use the skills in Teaching.
- Guide students to use of various Methods in Teaching.
- Participated in services activities both within and outside the college.
- Handled student career counselling and assisted with the interview and acceptance of potential candidates.
- Actively participated in department/college and university groups and collaborated with other faculty members in the accreditation process.

RESEARCH EXPERIENCE

- Supervised dissertation of Master of Education (M.Ed.) of Kumaun University Nainital Batch 2020-22
 - Arpana Gupta
 - Ashi Verma

SPECIALIZED TRAININGS/PROFESSIONAL DEVELOPMENT

- **National workshop on ‘Computer in Chemistry’** organized by S. S. J. Campus Almora for three days (**November 2007**).

- A dissertation on **“Effectiveness of Right to Education Act 2009 in Primary and Upper Primary Schools of District Almora: An Evaluation study”** (Research work during M.Ed.2012).
- **National workshop** (Short Term Course) on **‘National Curriculum Framework for Teacher Education’** organized by Department of Education, S. S. J. Campus Almora for six days. (September 2014).
- National Seminar on **‘Violence against Women: Current Challenges and Future Trends’** for two days. (December 2014).
- National Seminar on **‘National and Regional Perspective for Quality Teacher Education: Ways and Means’** for two days. (February 2015).
- **International seminar** on **‘Role of E-Learning in Quality Education’** organised by R. H. Govt. P. G. College Kashipur (Uttarakhand) for two days. (February 2015).
- National Seminar on **‘पर्वतीय क्षेत्रों में उच्च शिक्षा की समस्या एवं संभावना’** (The Problem and the Possibility of Higher Education in the Mountainous Region) for two days (November 2015)
- National Seminar on **‘Ageing & Health Care in India: Issues & Challenges’** (with Special References to Rural and Mountain Ares) for two days. (December 2015).
- National workshop on **‘Orientation for Transacting New Teacher Education Curriculum’** for two days. (December 2015).
- National Seminar on **‘Indian Culture: Prospects and Challenges’** for two days. (December 2015).
- National workshop on **‘Building Awareness on Intellectual Property Rights in Higher Education’** for a day. (04 April 2016).

- National workshop on ‘**Technology Enabled Education**’ for a day. (26 July 2016).
- National Conference on “**वैश्विक चुनोटियों के सन्दर्भ में भारतीय ज्ञान परम्परा**” (Indian Tradition Knowledge in relation to Global Challenges) for a day. (27 October 2018).
- National workshop on ‘**Prevention of Alcohol and Drug Abuse in the Family, Schools/Colleges and Community**’ for two days. (January 2019).
- National Seminar on ‘**Career Counselling in Dynamic World: Issues and Challenges**’ for two days. (April 2019).
- National workshop/Awareness Programme jointly organised by ‘**Internal quality Assurance Cell Kumaun University Nainital & National Assessment and Accreditation Council, Bengaluru**’ for a day. (01 May 2019).
- National Conference on ‘**Skill Development and self-reliant India**’ organised by ‘**S. B. S. Govt. P. G. College Rudrapur, Kumaun University Nainital**’ for two days (23-24 March 2021).
- International Seminar on ‘**Role of Education, Litreture, Culture and Society in Global Development**’ organised by **L. S. M. Govt. P. G. College Pithoragarh, Uttarakhand** for two days (13-14 November 2022).
- International Seminar on ‘**Disabled Rehabilitation Challenges and Opportunities**’ organised by **R. H. Govt. P. G. College Kashipur, Uttarakhand** for two days for two days (03-04 December 2022).
- National Seminar on ‘**Girl Child Education, Security and Self Reliance**’ organised by **M. B. Govt. P. G. College Haldwani, Uttarakhand** for two days (27-28 February 2023).
- National Conference on ‘**Nari Sashaktikaran Evm Yuwao ke Sandarbh mei Swami Vivakananda Ka Vashvik Sandesh**’ organised by **S. S. Jeena University Almora, Uttarakhand** for two days (23-24 May 2023).

- National Level Offline CRE Programme on ‘**Disability Impact on Parents and Siblings of Children with Intellectual Disability**’ as a Resource Person organised by Anmol Foundation (Campus Block Education Office, Bazpur Road, Kashipur, U. S. Nagar, Uttarakhand) for three days (30-08-2023 to 01-09-2023).
- International Seminar on “**Inclusion of Swami Vivekananda’s Idea in the India’s National Education Policy-2020**” organised by S. S. Jeena University Almora, Uttarakhand on 30 September 2023.
- National Seminar on ‘**Homestay Tourism & Sustainable Development in the Indian Himalayan Region: Prospects & Challenges**’ Girl Child Education, Security and Self Reliance’ organised by Kumaun University Nainital, Uttarakhand for two days (09-10 October 2023).

PUBLICATIONS/JOURNAL ARTICLES

- Upreti, Ashok and Kandpal Dinesh Chandra (June 2016) *The Effectiveness of the RTE Elementary Schools of Uttarakhand*, (KAAV INTERNATIONAL, Journal of Arts, Humanities & Social Sciences) VOL-3, ISSUE-2, PAGE-295-298, ISSN-2348-4349.
- Upreti, Ashok and Thakur S. Surjeet, (June 2016) *Responsiveness of Elementary Schools towards RTE Act*. (International Peer Reviewed & Referred **Scholarly Research Journal for Interdisciplinary Studies**) VOL-3, ISSUE-24, PAGE-2217-2219, E-ISSN-2278-8808 & P-ISSN-2319-4766.
- Upreti, Ashok and Thakur S. Surjeet, (September 2016) *A Study of Perceptions of Elementary Teachers of RTE Act in Uttarakhand*, (KAAV INTERNATIONAL, Journal of Arts, Humanities & Social Sciences) VOL-3, ISSUE-3, PAGE-17-19, ISSN-2348-4349.
- Upreti, Ashok and Kandpal M. (October 2016) *Effectiveness of Right to Education Act 2009 in Primary and Upper Primary Schools of District Almora, Uttarakhand: An Evaluative Study* (International Peer Reviewed & Referred **International Journal of Educational Research Studies**) VOL-2, ISSUE-9, PAGE -678-684, E-ISSN-2454-5554.

- **Upreti, Ashok, (November 2017) *Role of ICT in Education* (JYOTIRMAY, Research Journal of Education) VOL-05 ISSUE-03, PAGE -19-25, ISSN-2454-6070**
- **Upreti, Ashok Singh S. and Sharma Meena, (May 2019) *The Impact of ICT on Education: Current trends and Future Prospects.* (SHODMANTHAN, UGC Approved Journal, N0-40908) VOL-10, ISSUE-8, PAGE -24-28, ISSN-0976-5255.**
- **Upreti, Ashok and Pandey Isha (May 2019) *A Comparative Study of Indisciplined Behaviour among the Education and Commerce Students of S. S. J. Campus Almora, Uttarakhand,* (JYOTIRMAY, Research Journal of Education) VOL-8, PAGE -79-84, ISSN-2454-6070.**
- **Upreti, Ashok and Manral Bheema, (December 2022) *The Knowledge of Elementary School Teachers of Udham Singh Nagar towards Theoretical Knowledge of Inclusion and its Principles.* ('Aadhunik Sahitye' UGC Approved Care Listed Journal) VOL-44, PAGE -388-398, ISSN 2277 – 7083.**
- **Upreti, Ashok and Manral Bheema, (March 2023) *The Perceptions of Elementary School Teachers Towards Inclusive Education of Children with Special Needs of District Almora.* ('Shodh Disha' UGC Approved Care Listed Journal) VOL-61/4, PAGE -465-473, ISSN 0975-735X.**
- **Upreti, Ashok and Manral Bheema, (April 2023) *The Perceptions of Elementary School Teachers Towards Inclusive Education of Children with Special Needs of Udham Singh Nagar.* ('PANINIYA' UGC Approved Care Listed Journal) VOL-XXXV, PAGE -118-124, ISSN 2321-7626.**
- **Upreti, Ashok and Manral Bheema, (June 2023) *The Knowledge of Elementary School Teachers of Almora towards Use of Digital Technology (ICT) to promote Inclusive practices in Education.* ('Education and Society' UGC Approved Care Listed Journal) VOL-III, PAGE -38-46, ISSN 2278-6864.**
- **Upreti, Ashok and Manral Bheema, (June 2023) *The Knowledge of Teachers of Uttarakhand towards Use of Digital Technology (ICT) for Inclusive in Education.***

PUBLICATIONS/EDITED CHAPTERS

- Upreti, Ashok and Manral Bheema, (2021) **भारत में अध्यापक शिक्षा: समस्याएँ तथा समाधान** (भारतीय शिक्षा नीति 2020 एवं अध्यापक शिक्षा) PAGE -167-178, ISBN 978-93-89043-95-2 सत्यम पब्लिशिंग हाउस, नई दिल्ली.
 - Upreti, Ashok and Upreti, Isha, (2022) *A Social-Emotional Development in Disabled Children at Srajan Special School and Rehabitat Centre Haldwani (Nainital)* (भारत में उच्च शिक्षा तथा शिक्षा नीति 2020 संभावनाएँ एवं चुनौतियाँ) PAGE -173-178, ISBN 978-93-91385-13-2, CORVETTE PRESS, Ghaziabad, Uttar Pradesh.
 - Upreti, Ashok and Manral Bheema, (2022) *Inculcate Human Values among ‘Future Teacher’ Through Effective Teaching in Kumaun University Nainital (HUMAN VALUES & HUMAN RIGHT AMIDST COVID-19 PANDEMICS)* PAGE -21-29, ISBN 978-93-91377-16-8, Indu Book Services Pvt Ltd New Delhi.
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AWARD

- GEENA DEVI RASTRIYE GAURAV SAMMAN (NATIONAL AWARD) by Geena Devi Shodh Sansthan Shreeganganagar, Rajasthan in 04/09/2022.
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NOTABLE EXTRA CURRICULAR ACHIEVEMENTS

- Participated in a Science Exhibition at Block level (2004) and co-curricular activities such as preparing teachings aids like models, charts and presentations, slogan writing, stage performances and other cultural activities.
- Participated in All India Radio Program (Recording) at Almora **23 October 2018** on the topic **भारतीय शिक्षा का इतिहास (History of Indian Education)**
- Guest Lecturer in District Institute for Education and Training (DIET) Rudrapur, Uttarakhand.

- Guest Lecturers in Uttarakhand Open University, Haldwani, Uttarakhand.
- Evaluator of Internal & External Examination of Kumaun University, Nainital, Uttarakhand since 2016.
- Evaluator of External Examination of Uttarakhand Open University, Haldwani, Uttarakhand since 2014.
- Evaluator of External Examination of Indira Gandhi National Open University (IGNOU), Delhi since 2016.
- Guest Lecturer in D.L.Ed (Distance Mode) at Trinity B.Ed. College Haldwani, Uttarakhand.
- Guest Lecturer in '*Use of Technology in Teaching and Learning*' at CITY LIBRARY HALDWANI, Uttarakhand on 7th May 2020.

COMPUTER SKILLS

Good knowledge of MS-DOS, MS Windows, MS Word, MS Excel, MS Power-Point, Internet etc.

PERSONAL DETAILS

Father's Name	:	Mr. Rewa Dhar Upreti
Mother's Name	:	Smt. Chandra Upreti
Gender	:	Male
Date of Birth	:	14-Sep-1986
Marital Status	:	Married
Spouse's Name	:	Smt. Isha Upreti
Nationality	:	Indian
Hobbies	:	Reading, Listening Music, Playing Cricket
Personality Traits	:	Self-motivated, energetic, quick learner, Good communication skills

Date: 15-February-2024

Place: Nainital



(ASHOK UPRETI)